

Minutes of FAA NY/NJ Intergroup Meeting Sunday, March 13th at 6PM

Present: Ann W., Cathy B., Elaine D., Linda S., Phyllis E., Robin M.

We opened with the Serenity Prayer

Treasury Report – Phyllis reported that we have \$1,309.39 in the PNC account. There has not been any activity this month so more donations are needed! Ann said there is \$144.08 in the Pay Pal account.

Next Intergroup Meeting – It will be held on Sunday, April 10th at 6 PM.

Status of Cancellation of Face- to -Face Retreat at Maris Stella Conference Center

Phyllis contacted the caterer who is exclusive to the Center to let him know that we have cancelled our plans for a face-to-face retreat. He thanked her for reaching out. She wasn't sure if he would reach out to the contacts at Maris Stella.

Cindy was not able to attend the meeting but was in touch with Phyllis. She has not been able to reach her contact there, Sister Mary. It was decided that we will send an email to cancel. We will also ask for the \$150 deposit back but will let it be if that's a problem.

Virtual Retreat

We discussed last year's virtual June retreat, which was very successful. It was held from 11 to 4 with lunch break (with optional activities) from 1 to 2. We had speakers, workshops, taped and live presentations on meditation, mindful eating and more, with some activities in between. Steve and Tmima helped with tech support, and Ann was able to set up on-line registration. The cost was \$20, with an option to contribute more.

Some Lessons Learned from last year:

-Check dates with Donna at the WSO and others so we won't hold it when another FAA event is planned. Last year our date conflicted with a face-to-face event in Ohio. (Update – Phyllis checked the date of June 11th with Donna, and it is clear!)

-Define up front if speakers are required to register and pay for the event.

- Decide if we will continue to charge for the event or offer it free of charge. Last year, we were able to donate \$585 to the WSO. \$1588 was raised, expenses were \$611 (including \$340 for Steve, door prizes, WIX processing, donation to Maris Stella, etc.) with a net profit of \$975. All who attended felt that keeping with \$20 for registration (not raising the price or having no fee) was reasonable.

Various ideas were discussed and we went over some of the activities, "door prizes", and topics that were offered last year. We also talked about possible themes and topics. Perhaps we can elaborate on the Waves of Serenity...such as Going Forward with Waves of Serenity, Opening Up to Waves of Serenity, Moving Forward..., Navigating FAA in the New Normal, Our Bedrock program in Challenging times.... Entertainment such as a skit was also brought up.

Once the date has been approved (it has!), a letter will be sent to the intergroup mailing list to see if there is interest, and to ask for volunteers to help plan and be part of the event.

We closed the meeting with the Serenity Prayer.

In service.

Robin M.

Please review and let me know if you have any corrections or omissions to add within 5 days of receiving the minutes. The final copy will be sent to Laura for archiving.