



Our Primary Purpose

Food Addicts Anonymous is a fellowship of men and women that are willing to recover from the disease of food addiction. Sharing our experience, strength, and hope with others, allows us to recover from this disease – ONE DAY AT A TIME.

Food Addicts Anonymous is self-supporting through our own contributions. We are not affiliated with any diet or weight loss programs, treatment facilities or religious organizations. We neither endorse nor oppose any causes. Our primary purpose is to stay abstinent and help other food addicts to achieve abstinence.