Note: This is a screen shot sample of a tri-fold meeting list. The template is a Word document.
It will be available as a separate document to be posted on the FAA website. Until it is posted please contact WSO

Seventh Step Prayer

God, help me listen to my Higher Self as you and I make the changes in my life that will allow me to live a free, useful and happy life. Help me to not find fault with all that I do and with those who cross my path. As I continue to stay abstinent, help me be released from the cravings for foods that are not in my best interest. Help me learn that food is to nourish my body so my spirit can carry out your plans for me. Help me to be compassionate, trusting, forgiving, loving and kind to myself and others as I serve you and the people on earth. Amen

Serenity Prayer

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

PHONE NUMBERS

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Food Addicts Anonymous

San Francisco, California
FAA Meeting Schedule

www.foodaddictsanonymous.org